

Coaching Professional

Level 5

Embark on an exciting journey with the Coaching Professional Level 5 apprenticeship! This transformative programme is tailored for individuals in coaching roles, guiding them to empower others in identifying and achieving their goals. Immerse yourself in dynamic, skilful, and authentic coaching sessions that make a meaningful impact. Elevate your coaching expertise and connect with others on a whole new level. This apprenticeship is equivalent to a foundation degree and represents a £5000 investment in your personal development.

Who is it for?



- District Trainers
- Accredited Kitchen Managers
- General Managers
- RBMs
- HR Professionals
- RSC Line Managers

Duration:



14 months + End-point Assessment.

Blended Delivery:



- 1-1 sessions with Lifetime Learning Coach
- 12 Online Webinars to enhance knowledge, skills and behaviours led by Leading Results
- Virtual classrooms
- Self-study via online learning platform – Aptem
- Complete at least 15 hours of coaching triad sessions

Modules:

- Your Positive Impact
- What is coaching?
- The Mind Wonder
- Establishing Coaching Relationships
- Structuring Sessions
- Budding Emotions
- Communication Counts
- Awareness and Interventions
- Creative Coaching Toolkit
- Emerging in Culture and High Values
- Leading Coaching Outcomes
- Cultivate your Coaching



End-point Assessments:

- Portfolio of Evidence
- Practical Observation
- Professional Discussion
- Multiple Choice Assessment



**Mitchells
& Butlers**
Apprenticeships

Could this apprenticeship be for you?

The Coaching Professional Level 5 apprenticeship is for anyone in a coaching role who helps individuals identify their goals through engaging with them in meaningful, skilled and authentic sessions.

On completion, delegates will use enhanced listening and questioning skills to increase individuals' and teams' self-awareness, enabling them to evaluate their own and others' strengths and development areas. Here's a list of some of the additional knowledge and skills you will develop:

You will:

- Gain a deeper understanding self-awareness.
- Understand how culture and values impact behaviours.
- Explore and develop emotional intelligence.
- Develop skills to draw out others' self-awareness and assist them in identifying their own solutions.

 **lifetime**
Learning